



Pasadena Surgery Center

Pre-Surgery Check List for Patients

For your convenience we have provided this check list of important items to assist you in preparing for your procedure. Please review the list below to ensure that you bring the required items with you on the day of your procedure:

- 1) **Bring your current insurance cards.** This includes your secondary insurance.
- 2) **Bring your driver's license.** If you do not have a driver's license, please bring another form of photo identification.
- 3) Please fill out the **Pre-Anesthetic Evaluation Form** and list all medications including vitamins and herbal supplements. The form is also available on this website.
- 4) **Do not eat or drink ANYTHING after midnight before your procedure**, including candy or chewing gum, unless you have been given special instructions by your physician. This is extremely important because you could have serious complications if your stomach is not empty during surgery. Please call a Pre-Op team member at Pasadena Surgery Center if you have questions about eating and drinking before your procedure.
- 5) Medications for **Heart, Blood Pressure, Breathing, Seizures, Parkinson's Disease and prescription stomach medications** should be taken on the morning of surgery with a few sips of water **at least two hours before your scheduled procedure.**
- 6) **Do not take medications for diabetes or diuretics** (water pills) until after your surgical procedure.
- 7) For your own safety and protection, you will not be allowed to drive a motor vehicle following your procedure. **Please make arrangements to have someone bring you to and escort you home from the center.** Verification of the driver will be made prior to any procedure requiring sedation. Your surgery will be cancelled if you fail to have a responsible driver to take you home. Please discuss any transportation difficulties you may have with us as soon as possible.

Patients having general anesthesia should have someone stay with them for at least 12 hours or longer if instructed by your physician.

- 8) For any specific questions, please contact your surgeon's office or the Pasadena Surgery Center at 727-302-9200.